

- 1 **Welcome to
Everything I Know
about Addiction
and 12 Step Programs**
- 2 **About Bill Geraci**
- 3 **About this talk**
- 4 **About addiction / compulsion /
compulsive behaviors**
- 5 **Use and Abuse...as a
world view**
- 6 **What is addiction?**
- 7 **Human Nature: We Just Want to Feel
Good**
- 8 **...But feeling “Good”
can be Bad**
- 9 **Addiction**
- 10 **Why Aren’t You an Addict – or – Why Do
They Do This To Themselves?!**
- 11 **Addiction requires two things you might
not have**

- 12 **Human beings will go to amazing lengths to get somewhere *near* feeling good**
- 13 **That 25 Seconds**
- 14 **What kinds of addictions are there?**
- 15 **What is the use of compulsive behavior?**
- 16 **What is the abuse of addiction?**
- 17 **Emotional growth stops when addiction begins**
- 18 **Addiction requires isolation**
- 19 **In Sum**
- 20 **Frightened?**
- 21 **12 step programs**
- 22 **Call and response**
- 23 **Fellow addicts**
- 24 **Recovery, not cure**
- 25 **Built on weakness**
- 26 **What 12 step programs are out there? 1**

- 27 **What 12 step programs are out there? 2**
- 28 **Sayings**
- 29 **More 12 step principles / understandings
1**
- 30 **Lopez' stop**
- 31 **Three part program**
- 32 **Gift of deperation**
- 33 **More 12 step principles / understandings
2**
- 34 **12 steps different than...**
- 35 **Higher Power 1**
- 36 **Higher power 2—BG & others**
- 37 **Tools**
- 38 **The steps themselves**
- 39 **The 12 Steps – 1-7**
- 40 **The 12 Steps – 8-12**
- 41 **Some thoughts about the steps**

42 **More step thoughts**

43 **About Bill Geraci**

44 **Where stopped**